



## Do you know...? Where to get emergency contraception in Southwark...

### When should I use emergency contraception?

If you didn't use contraception/you think the contraception method that you used wasn't effective. The **sooner** you get emergency contraception, the **more effective** it is at reducing chances of pregnancy.

### What types of emergency contraception are available?

- The **Emergency Contraceptive Pill** (up to 3 days after unprotected sex)
- The **Coil/IUD** (up to 5 days after unprotected sex)

### Where do I get emergency contraception in Southwark?

- **Southwark sexual health services** (contact details overleaf) and most **GP surgeries & pharmacies** (to get the Emergency Contraceptive Pill at the pharmacy, however, you need to be **over the age of 16**).

### Is emergency contraception free?

- It is normally **free from GPs and sexual health clinics**, but you should ring the service to check beforehand.
- However, **pharmacies charge people over 25** for the pill (normally about £25.00). Age restrictions for free emergency contraception vary from pharmacies, so check beforehand).

### I'm under 16 and need to take emergency contraception; will the GP/Pharmacy/ Sexual Health Clinic inform my parents?

- **No, it is confidential.** Parents or guardians will only be told if their child or teenager is at risk.

## What questions will I be asked?

Your GP/pharmacist or sexual health professional will ask you some **personal questions** to understand how to support you best, and to decide which emergency contraception will be most effective for you. Normally, **they will need to know...**

- When you last had a period, and how long it lasted for
- When you had unprotected sex
- If you used contraception, why it failed
- If you take any medication or use other contraception methods
- If you have used emergency contraception in the past

## What happens afterwards?

- Emergency contraception doesn't prevent **Sexually Transmitted Infections** (STIs). If you had unprotected sex, you might be advised to take a STI test.
- If you're sexually active, GPs/sexual health professionals might talk to you about trying **long-term contraception**.
- Emergency contraception isn't 100% effective. If you notice any changes during your next period cycle, get advice from your GP.

### CONTACT DETAILS FOR SOUTHWARK SEXUAL HEALTH & GUM CLINICS

**Artesian Clinic:** 137-138 Grange Rd, SE1 3GF / 020 7403 3618

**Brook Southwark (under 25S):** 1 Amelia Street, SE17 3PY / 020 7703 9660

**Burrell Street (open 7 days):** 4-5 Burrell Street, SE1 0UN / 020 7188 6666

**Camberwell Clinic:** Ground Floor Camberwell Building, 94-104 Denmark Hill, SE5 9RS / 020 3299 5000

**Lloyd Clinic:** 2nd Floor, Southwark Wing, Great Maze Pond, SE1 3RR / 020 7188 6666

**Walworth Road Clinic:** 159-167 Walworth Road, SE17 1PE / 020 3049 4006

**If you still don't know where to get emergency contraception, contact Healthwatch Southwark, using the details below.**

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## Your voice counts

020 7358 7005, [info@healthwatchsouthwark.co.uk](mailto:info@healthwatchsouthwark.co.uk)

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