

FAMILY & CARERS IN SOUTHWARK

Mental health listening event



SAVE THE DATE! Tuesday 21st November
10.30 am – 12.30 pm

Venue: Southwark Carers, 54 Camberwell Road SE5

- Are you a friend, carer or family member of someone with mental health issues?
- Are you a member of a local organisation with an interest in helping families and carers?
- Are you a health professional with a special interest?

Come along and

- Find out about local services and support for carers in the borough
- Share your views
- Network over coffee and cake

For more information please email jane.lyons@slam.nhs.uk or lilian.silva@southwarkcarers.org.uk, or ring 07805 745105 or 07477 033717

**Southwark Carers, 3rd Floor
Walworth Methodist Church
54 Camberwell Road SE5 0EN
HOW DO I GET THERE?**

Nearest tube – Elephant & Castle underground station (Northern and Bakerloo lines)

Nearest Railway Station – Elephant & Castle

Buses from Elephant and Castle – ask bus driver for Burgess Park. Bus numbers: 12, 171, 148, 176, 68, 484, 42, 40, 45

